



**care bridge**  
— specialists —

# WHAT MATTERS TO YOU?



"I am  
different  
not  
less"

TEMPLE GRANDIN.

The experience of adults, children and young people with learning disabilities and autism in inpatient settings for specialist mental health is a national concern and policy priority.

At Care Bridge Specialists we pledge to be ambitious and to ensure that the voices of individuals and their families and carers are heard in all decisions about the care that they receive.

We uphold a responsibility to take the time to ask every person that we support 'What matters to you?' and we work hard to understand a person's hopes, dreams and aspirations for the future.

Our PBS Lead Practitioner Katy Thomas states that "Taking the time to truly engage with those that we support is fundamental to their well-being and to effecting positive outcomes."

It really matters how an individual perceives the efforts that our Practitioners make to motivate, inspire, reassure, include and connect. We match teams with individuals, considering not only their support needs but their character profile, their likes and interests.

We place upmost importance on developing high trust, meaningful relationships through intentional and empathetic acts of care, showing consistency and reliability and treating every person in our care as a well-respected and valuable individual.

Afterall, relationships are such strong predictors of good clinical and personal outcomes.